



HAPPY CLINICIAN

Meet Malaika

 [dr.malaika.clinics](https://www.instagram.com/dr.malaika.clinics)

The HAPPY INJECTORS CLUB is all about the amazing clinicians that choose to join the club, train with me and are happy to share their experience with others.

EVERY MONTH I WILL BE SHINING A SPOT LIGHT ON A SUPER HAPPY MEMBER TO HELP INSPIRE YOU ON YOUR JOURNEY.

HI MALAIKA WHAT'S YOUR BACKGROUND ROLE?

I'm a doctor

HOW LONG HAVE YOU BEEN IN AESTHETICS?

Coming up to 5 years now

WHAT'S YOUR CURRENT JOB MIX?

Full-time aesthetics

WHY DID YOU GO INTO AESTHETICS?

I had always planned to have aesthetics as something I did alongside my NHS work, my plan was to become a plastic surgeon specialising in facial reconstruction, however, life plans changed and in November 2019 I started to look into courses to get started in aesthetics. At the time the plan was to carry on with NHS training but then the pandemic came along and I ended up working in elderly care rehab to fit around the limited hours that schools were open. After lockdown, I started up properly in aesthetics and I've never looked back!

WHAT'S YOUR FAVOURITE PART OR TREATMENT IN AESTHETICS AND WHY?

My favourite part is giving people confidence in their own skin. My focus is much more on wellness and skin health, and hearing my patients tell me that they no longer cover up parts of themselves or are no longer self-conscious is so rewarding.

DO YOU SEE YOUR AESTHETICS CAREER IN 5 YEARS TIME?

I hope to have a wellness centre with a larger team, not just injectors, but wellness and holistic practitioners too. I also plan to expand the training side of my business this year.

WHAT HAS BEEN YOUR BIGGEST SUCCESS/ACHIEVEMENT SO FAR?

When I first started in aesthetics, I didn't have any particular expectations, other than to have a better work-life balance and to be able to focus more on my daughter. I have been very fortunate to be involved in lots of exciting opportunities in the industry over the past 5 years, but the one thing that took me by surprise and makes me feel like I have succeeded in this endeavour is that I have become someone that my patients come to not only for advice on aesthetics, but also other medical concerns. In a time where GP practices are under immense pressure, I am proud to be able to offer that to my community, whether that's checking moles in my skin cancer checks, helping with lifestyle and wellness advice, or even just answering the phone to a worried patient to offer reassurance. I often get new patients enquiring saying "my friend told me that you helped him/her a lot", and nothing makes a job more rewarding than that.

WHAT'S YOUR BEST PIECE OF ADVICE?

Find a support network! Aesthetics can make you feel very isolated, and it can be scary asking for advice, so finding supportive people in your local area and beyond makes a huge difference!

FINALLY...

WHAT DOES BEING PART OF HAPPY INJECTORS CLUB MEAN TO YOU?

I love being a part of the Happy Injectors Club! I was very fortunate to win a year's free membership when it first launched, but I couldn't be without it now. The support and knowledge base is incredible, and the zoom webinars are so much fun, very informative but in a friendly setting. I have loved meeting up with other members at conferences, it feels like we have a big friendship group spanning the country!

