



# HAPPY CLINICIAN

Meet Rebecca

 [novel\\_aesthetics\\_xx](#)

**The HAPPY INJECTORS CLUB is all about the amazing clinicians that choose to join the club, train with me and are happy to share their experience with others.**

**EVERY MONTH I WILL BE SHINING A SPOT LIGHT ON A SUPER HAPPY MEMBER TO HELP INSPIRE YOU ON YOUR JOURNEY.**

## **WHAT IS YOUR BACKGROUND ROLE?**

I am a registered general nurse and trained in 2001. I went straight into Community Nursing as I loved building a rapport with patients and getting to know them and their families. I went on to do my BA Honors in District Nursing and held a caseload and ran a team of 23 nurses. Alongside this I was asked to teach at University on the District Nursing Degree.

I had a passion for wounds and tissue viability and went on to be a specialist Tissue Viability and Vascular Nurse and developed an outreach role and MDTs for diabetic foot clinics.

I then relocated to Manchester and became a Community Matron for a couple of years and decided to do my MSc in Advanced Practice in GP land. This was a big shift and incorporated seeing children as well as adults and became more of a generalist. I was also asked to teach at MMU on the nurse training course and do pressure ulcer training at the local hospitals.

## **HOW LONG HAVE YOU BEEN IN AESTHETICS?**

Since 2017.

### **WHAT IS YOUR CURRENT JOB MIX?**

I work as a limited company but still locum for the NHS 1 day a week at a local GP surgery. I am not ready to hang up my ANP role completely and feel 1 day a week allows me to stay competent in this. I am lucky to have been asked to permanent locus for this role, which means I still have some continuity of care and feel part of a team. I also do some adhoc work online for a private 24 hour GP service about 10 hours a week. The rest is in aesthetics.

### **WHY DID YOU GO INTO AESTHETICS?**

I decided to train in aesthetics initially to do prescriptions for non prescribers as I did not really have any desire to be an aesthetician. I trained at Skin Viva and the course was Foundation Botox and fillers. I loved the training and really enjoyed the filler side. It seemed like an art and more interesting than Botox as you could see a difference immediately. I am quite artistic so enjoyed this and this is what led me to injecting rather than prescribing.

### **WHAT IS YOUR FAVOURITE PART OR TREATMENT AND WHY?**

As I mentioned before I love doing filler. I think it gets a bad rap as there are still many youngsters with duck lips and fake cheeks. Filler done correctly is undetectable from non aestheticians and can make such a difference.

I am all for the natural look and the importance of good skin care and more regenerative treatments but I feel this only goes so far and can never replace loss of fat pads and facial structures.

### **WHERE DO YOU SEE YOUR AESTHETICS CAREER IN 5 YEARS TIME?**

I am happy with my balance of ANP work and aesthetics and hope to continue this. I do not think I will ever stop doing my 1 day a week in the NHS. I work from home in my clinic and have no real aspirations to change this. I enjoy mentoring but I do not have time to teach aesthetics. I hope I am lucky enough to continue building my business so that even when I retire I can continue to do my lovely clients, as over time many have become good friends.

### **WHAT HAS BEEN YOUR BIGGEST SUCCESS ACHIEVEMENT SO FAR?**

I am really proud of running my own business and being self sufficient. There is nothing better than having the feeling of "I built that and made it happen." I have a lovely work life balance and my aesthetics business never feels like work. I am very lucky.



### **WHATS YOUR BEST PIECE OF ADVICE?**

It would be to not compare yourself to others. Whether that be a colleague who appears to be flying in the industry, or the local beautician cutting prices. I was chatting to one of the other Happy Injectors this week who had been speaking with a "celebrity injector". He told her he injected the celebrities for free and also paid them a premium to do so. Not everyone and everything is as it seems. Stay true to yourself.

### **WHAT TRAINING COURSES HAVE YOU DONE WITH HAPPY INJECTORS CLUB?**

I met Felicity at a Teoxane training day for Redensity 1 and she was so lovely and I liked the way she explains things when teaching and also the mix of practical and theory. I then went to do lower face training and tear tough as well as the business course she was running. All of which were excellent.

### **HOW HAS THIS TRAINING IMPACTED YOUR BUSINESS?**

The training itself was beneficial but more the support given afterwards. Prior to the Happy Injectors Club we had a WhatsApp group. Before this I found the job quite isolating and it gave an opportunity to network and also brought a lot of support.

### **WHAT DOES BEING PART OF THE HAPPY INJECTORS CLUB MEAN TO YOU?**

I would not be without the group and it was no brainer to join the club. Everyone has each others backs and there is a breadth of knowledge from multiple backgrounds for advice. It also keeps you up to date with all things new in aesthetics good or bad.

