



HAPPY CLINICIAN

Meet Sharon

 dermaldecadence

The HAPPY INJECTORS CLUB is all about the amazing clinicians that choose to join the club, train with me and are happy to share their experience with others.

EVERY MONTH I WILL BE SHINING A SPOT LIGHT ON A SUPER HAPPY MEMBER TO HELP INSPIRE YOU ON YOUR JOURNEY.

HI SHARON, WHAT'S YOUR BACKGROUND ROLE?

I am an advanced nurse practitioner working in rheumatology in a large NHS Trust in Manchester.

HOW LONG HAVE YOU BEEN IN AESTHETICS?

Since 2018, but had a 12-month break during COVID.

WHAT'S YOUR CURRENT JOB MIX?

I work full-time in the NHS and 1 day in aesthetics.

WHY DID YOU GO INTO AESTHETICS?

I had anti-wrinkle injections myself and loved the positive results both physically and mentally, so wanted to be able to offer that to others.

WHAT'S YOUR FAVOURITE PART OR TREATMENT IN AESTHETICS AND WHY?

It's anti-wrinkle injections followed by skincare.
Anti wrinkle - the results are subtle but can make a big difference in making clients feel more confident whilst not changing their natural expressions.

Skincare - great skin is the foundation of all aesthetic treatments. From clinic based therapies like microneedling to educating clients on the best medical grade products and how to invest in their skin long term.

WHERE DO YOU SEE YOUR AESTHETICS CAREER IN 5 YEARS TIME?

My aim is to retire from my NHS role and concentrate at least 2 days a week on aesthetics

WHAT HAS BEEN YOUR BIGGEST SUCCESS/ACHIEVEMENT SO FAR?

Keeping going and motivated to develop my skills while working full time! I continue to want to develop my skills in aesthetics. Im proud of how far I've come and what I have learnt whilst still in full time employment.

HAS YOUR EXPERIENCE IN RHEUMATOLOGY INFLUENCED YOUR APPROACH TO PATIENT CARE IN AESTHETICS?

I use all my nursing experience in my aesthetics practice/ patient care. It helps as more patients are on immunotherapy and I am confident in their risks and potential problems with aesthetics treatments. It also seems that my day job does attract patients with such chronic conditions.

WHAT CHALLENGES HAVE YOU FACED JUGGLING BOTH CAREERS—AND HOW HAVE YOU OVERCOME THEM?

It's a matter of juggling time which is really difficult. I'm menopausal so I don't sleep much!! Annual leave does tend to get used for aesthetics meetings too but I know ifs for the end game to help me achieve my goals.

WHAT'S YOUR PROUDEST "CLIENT MOMENT" SO FAR—THE KIND THAT REMINDS YOU WHY YOU DO THIS?

I've helped a patient who was quite distressed with rosacea get her condition under control and feel confident and happy through skincare and meso-tox treatments.



WHAT'S YOUR BEST PIECE OF ADVICE?

Try not to judge yourself against what others are doing. Often, it sounds so grand and can be intimidating. Just do you and develop at your own speed.

WHAT TRAINING COURSES HAVE YOU DONE WITH HAPPY INJECTORS CLUB?

I have completed 1-1 mid-face filler training. I've also completed the skin day, which allowed me to introduce different skin treatments into the clinic. I completed the business day too.

HOW HAS THIS TRAINING IMPACTED YOUR BUSINESS?

I have gained confidence and skills I have been able to use to widen the treatments I can offer for a more holistic approach.

WHAT'S NEXT? DO YOU PLAN TO DO ANY MORE COURSES?

I'm always looking at courses that interest me and would help my portfolio grow. I'm looking at cryotherapy and advanced toxin training, hopefully soon!

FINALLY...

WHAT DOES BEING PART OF HAPPY INJECTORS CLUB MEAN TO YOU?

Comradery and a great bunch of non-judgmental colleagues, happy to support others when needed!

